




# Youth Development Continuum

Intervention			Inspiration			Innovation		
<b>Mentoring</b> Challenge for Change Youth Justice Iwi Justice	<b>Whānau Wellbeing</b> Cooking on a Budget Te Awahi Thursday Flows	<b>Skill Development</b> Journeys Paper Bag Lunch Noho	<b>Sports &amp; Arts</b> Street Art Murals Art Exhibitions Sports Break	<b>Te Ao Māori</b> Kaimahi Wānanga Tūia Mentoring Te Pou Hono ki Taioa	<b>School Staff</b> Kura Wānanga Team Building Teacher Aiding	<b>Youth Participation</b> Te Ahi o Ngā Rangatahi He Whakatipuranga Hou	<b>Community</b> Community Kitchen Neighbours Days Community Garden	<b>Development</b> Māori Business Support Internships Collaboration

The range of projects on our Continuum means young people can choose to be involved in stuff that meets their needs. We are a place that includes all young people. By interconnecting projects young people learn from each other, become positive role models and seek leadership or community service opportunities. We also honour three indigenous approaches to youth development:

PŪKENGATANGA	WHARE WĀNANGA	URUNGATANGA
Young people link generations through mentoring and strengthen connection to the land. <small>We learnt about these traditional indigenous concepts from the Ara Taiohi Code of Ethics for Youth Work in Aotearoa New Zealand Second Edition. Visit our website <a href="http://www.bgi.org.nz">www.bgi.org.nz</a> and contact us to find out more and get involved.</small>	Young people possess talents, gifts and interests and deserve formal structures to develop specialised skills.	Young people are educated through exposure and participate to shape their development.



# PŪKENGATANGA

## Challenge for Change

We're grateful that our 2021 Challenge for Change mentoring partnerships were well established by the time we saw another COVID-19 lockdown in August. We appreciate their ability to adapt with such ease during this time. A major highlight for us was the Traffic Light regulations allowing our 2021 mentees, their whānau, and their mentors to celebrate their massive efforts at our C4C Graduation in early December, which was hosted by the Governor-General at Government House!

2022 has been a year of welcoming as Annalese, Megan, Ruth, and Te Rehia joined the C4C team! Our beloved Ailsa started a year of maternity leave in May, and we're looking forward to her return next year! In the meantime, our C4C team has had a wonderful time getting to know and connecting with our new mentees, their whānau, and mentors.

Thanks to COVID-19 safety measures put in place by the C4C team, this year's partnerships were able to fully enjoy Camp at El Rancho, and safely begin their mentoring journey. We've heard a lot of amazing feedback from caregivers this year, with many thanking us and remarking on their child's newly developing confidence, self-reflection, problem-solving, and friendship-building skills. We're humbled by the opportunity support these rangatahi as they continue to unlock their leadership potential!

## Te Awahi Parenting Programme

During the course of Te Awahi this year, the greatest value came from acknowledging and listening to the rich experiences within the group. Being responsive and flexible to differing needs across the group was essential to ensure that content from week to week was specific to what was actually happening at home for the families involved. Many lived experiences were shared in the Te Awahi space this year, and a wide range of strategies and tools were discussed. This allowed the parents participating to acknowledge the challenges they were facing and work towards approaching them differently.

Highlights during the 9 week course of 2022 were hearing from parents who felt that coming together for kai and kōrero provided them with a precious time to reflect. One mother who really did not want to have to be part of the Tuesday lunchtime sessions at the beginning of the programme, found herself looking forward to them by the end of it!

In early August 2022, we ran a timely stand-alone session around the subject of suicide. We received feedback that this was extremely well-received and powerful! It is a blessing to be able to share and gain such valuable insights and perspectives from fellow parents and through connection, trust, and sharing, battle the isolation and shame parents feel. The Te Awahi space allows parents to grow alongside their child and enables families to connect and build new friendships.

## Praxis

With Jah and Nikita graduating at the end of 2021 with Certificates in Youth Development, we welcomed our 2022 Praxis students/interns! In 2022 we offered scholarships to two extraordinary people who were passionate about rangatahi; Daniel Kumar and Te Atahari Amohau. They have been helping with programmes such as Journeys, Sports Break, Challenge For Change and more!

Under the mentorship of our youth workers at BGI, Daniel and Te Atahari have grown incredibly. Te Atahari is exploring more exciting opportunities but remains connected with BGI. We have really appreciated the contribution that she made during her time with us! Daniel will be graduating in November with his Certificate in Youth Development. We look forward to seeing Daniel graduate and are incredibly proud of what they continue to achieve in the BGI space!

## Community Garden

Te MĀRAMatanga has nearly doubled in size and our orchard is thriving through its first year of growth! We have continued to engage with our local community and our volunteer base grew to 8-10 people joining each working bee through the summer. We managed to run 5 workshops on soilmaking, tree planting and care, urban upcycling and seedling planting as well as run our first ever Seeds to Feeds Event through BGI in April.

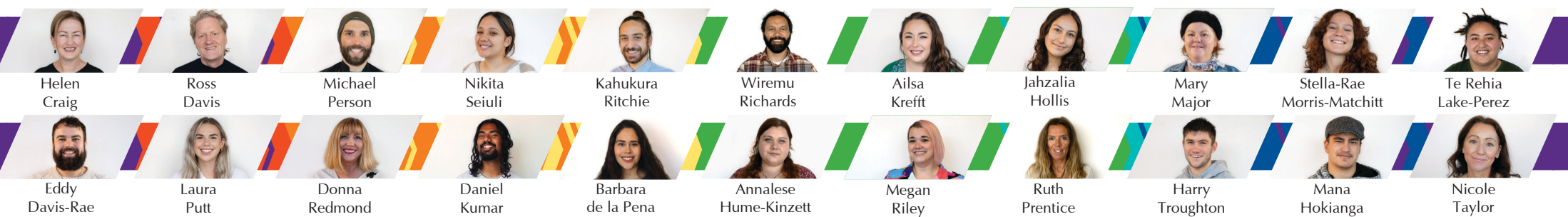
The South African High Commission came and joined us again this year on July 18th, where we participated in 67 minutes of community service. This was to honour the life and work of Nelson Mandela and we used that time to reflect and put into practice his values. We worked with local community organisations including Sustainability Trust, Freestore, Everybody Eats, St Peters Church, WCC, and Bunnings Community Team to help grow our connection to the community and the value of our garden space for people to use and learn from.

We continue to use this space as a place of hope building for positive climate futures and to educate our communities on the food cycle. We also focus on the importance of our well-being; physically, mentally, and spiritually, as we work towards a living future. We continue to work with the youth who participate in our programmes to help alleviate their climate anxiety and feel the reward of growing ones own kai that we then cook and share in our community kitchen. We are excited about what is being created in this space and look forward to sharing and working with you all in the future!

## He Whakatipuranga Hou

This year He Whakatipuranga Hou have been on a journey filled with cooking and baking. We have spent every week trying out new recipes! The young people this year have said they enjoy the chill space, spending time with the leaders, learning how to cook yummy

Here are some of the BGI whānau who have helped co-ordinate and support these programmes on a full-time, part-time, casual and/or volunteer basis ...



# WHARE WĀNANGA

meals, and having a say in what they cook. We plan on baking for the community and doing bake sales, as well as other fundraising activities, to fundraise for organisations the rangatahi are passionate about, such as City Mission and Women's Refuge.

He Whakatipuranga Hou's aim is to be a space where rangatahi can come to make new friends and build confidence. The youth workers leading this group are working in local schools and have had rangatahi from Te Aro School starting to trickle into the programme. We have also had quite a few rangatahi from Challenge for Change come through to us this year. We hope through attending, the rangatahi will feel able more comfortable in BGI spaces, to then be able to engage with the Kura Wānanga or Journeys programmes when they get older.

## Community Kitchen

Our Community Kitchen has started to develop into a true community hub as we work towards an 'Open Door, Open Fridge' ethos in our manaakitanga. We continue to work with community kaupapa and organisations including: Wai Ora, Seeds to Feeds, Red Cross, Tuia, and other wānanga and organisations that have utilised the space over the last year. Kaibosh continues to be our biggest partner providing rescue kai for us to feed our programmes, guests and whānau with. They provide an opportunity for engagement with critical questions about our food systems as well as opportunities to learn how to cook and prepare a variety of food.

A massive highlight for the kitchen team was expanding from two team members (Helen and Michael) to three, with Barbara joining as a result of funding coming from MSD and other organisation partners. This has led to our capacity being increased and, more importantly, more young people being involved in the running of the kitchen. The contribution of Barbara's mahi has been widely felt across our organisation and we look forward to more of the community taking ownership of the kitchen space through contributive collaboration and manaakitanga.

We catered and organised four massive events this year, including Our Seeds to Feeds event in April and the Imagining Food Futures event. Both of these kaupapa are about connecting communities to how we consume and cultivate food. Seeds to Feeds celebrates our local communities and garden spaces, while Imagining Food Futures was an event to empower young people to imagine an ideal food future and involved collaboration between chefs, artists and decision makers in our communities and nationally.

We continue to work towards zero food waste and continue to believe that by showing an example of a better tomorrow we can help co-create it. Thank you to everyone who has helped us grow and who have taught us along the way by your selfless contributions to our community space!

## Kura Wānanga

"Mā te tuakana te teina e tōtika, mā te teina te tuakana e tōtika." "The tuakana will lead the teina, the teina will lead the tuakana"

Our kaupapa has flourished this year! We are incredibly grateful to welcome Onslow College and their rangatahi into the kaupapa, alongside Wellington High School. One highlight this year would have to be seeing our teina from last year come back as tuakana and leading with pride. From this, we hope to grow the capacity of those who want to contribute so that they can make this kaupapa their own and take it to new heights.

We held our first wānanga of the year at Papawai Marae in Greytown, we explored our history and whakapapa as young urban Māori, where most importantly, we set the foundations to carry us through the year through strong whānauangatangā. The second wānanga was held at Kapiti College marae. Here we journeyed inward to better understand who we are as individuals and collectively. The final wānanga will be held at Tarakia Marae where we will look outside of ourselves, exploring opportunities and how we best serve our communities as we move forward in our own lives.

This kaupapa provides rangatahi the space to stand strong in their identities and become powerful change-makers and leaders within their communities.

## Te Ahi o Ngā Rangatahi

This year Te Ahi o Ngā Rangatahi has been working on a range of things, including running workshops at schools to further recruit and empower youth voices. In addition to this, we have been networking with other organizations including Zeal and Te Pokapū Hapori to see how Te Ahi could better engage, help, and advise within the community.

In July 2021, under the guidance of Eddy, Te Ahi embarked on a road trip across the North Island to research how other youth hubs were being run, and how these methods would be implemented into a youth hub in Pōneke. We made stops at Martin, Palmerston North, Youthtown Taupo and Rotorua. This was an incredible and connecting experience! The road trip, coupled with Eddy's completion of his thesis about Te Ahi, was transformative for the young people who attend. It brought about a sense of pride, and the feeling that young people can truly shape the course of Pōneke and bring about change. Building from our focus last year of ensuring that Council listens to the voices of young people, we can see that this focus is slowly becoming a reality and Council is investing in youth voices to create an Absolutely Positive Wellington for future generations.

Te Ahi also ran a wellbeing workshop at Tawa College during their Matariki celebration, and Te Ahi intends to do more of these. This was a learning experience for everyone as we got a chance to learn how we would better implement wellbeing into schools.

# URUNGATANGA

## Thursday Flows

As one of our newest programmes last year, we watched Thursday Flows grow and really become its own kaupapa. With rangatahi from all ages connecting into Flows, we explored different aspects of play and creativity. From spending time in our community māra & orchard, to hearing kōrero from rangatahi from all over the motu. Thursday Flows was a space where we opened our doors to all, and were able to watch some amazing intergenerational connections form.

We quickly learnt that at the reach of our hands we had lots of resources and people who were able to feed into Thursday Flows and into the lives of our rangatahi we were connecting with. One of the highlights of this kaupapa was watching rangatahi from different BGI programmes come along to Flows and really build on their ownership and sense of belonging within BGI. Thursday Flows is currently having a pause, but our team are eager to see what this kaupapa may look like in the future.

## Sports Break

2022 Sports Break has been an opportunity of learning and growth! We had started the year with our amazing Laura Putt in January, with the last two weeks being full of playing some activities in the Wainuiomata High School Gym, and Fridays going to the Wainui Pools. This year Nikita Seiuli and Jahzalia Hollis stepped into coordinator roles with the support and guidance of Te Rehia Lake-Perez. We have focused on developing the young future leaders we work with by giving them roles where they practice taking responsibility and ownership in helping the kaupapa of Sports Break. This enabled them to feel comfortable facilitating and leading activities such as dodge ball, Wainui Wall, and Buddy-up, Buddy-down! We were able to give an opportunity of leadership to five young leaders during our holiday programmes.

As a new team with a new outlook, we had a deeper look into our young people and the Wainuiomata community. We asked the question, "What can we incorporate into this kaupapa so that they would not be so exposed in their day-to-day lives?" And with that question, we had the idea of incorporating Māori tikanga and introduced noho (overnight stays) in our second week of Sports Break. We were able to do this with the help, support, and trust of the community, and held our very first noho on April 27th to 28th at BGI. Throughout the year we were grateful for being able to connect with the parents in the community, and continue those relationships from where they had left off with Laura. We are excited about Sports Break in October!

## Paper Bag Lunch

This past year has been a great year of adaptation, consolidation and confidence building. The Covid Traffic Light System has meant our usual community outreach and connections with Kaibosh and the local preschool have been put on hold for the most part. This has resulted in our students building their resilience and consolidating the relationships within our team. We have spent time building a great support team and looking for ways to diversify our programme and make way for new experiences and activity.

We have continued to support our Journeys Programme with our baking as well as planning menus and making our lunch each week. We have also managed to be able to invite whānau to a morning tea showcasing our cooking skills and our manaakitanga. We have funding to start to offer this worthwhile programme to other secondary schools and the feedback in April from Onslow College regarding one of their students who attends Paper Bag Lunch was this:

"E- has struggled to engage with any learning at school. Any trip outside of school has been a major stress for him. The fact that he has engaged with and is comfortable at BGI is an enormous success... One you should definitely let your people know is making a big difference for E-'s school experience. We are very grateful for the difference you are making for him and the other students attending."

## Journeys

This year's Journeys programme has been in an era of change with the leaving of our amazing Coordinator Laura Putt, who said her many goodbyes in April. We immediately began promoting our programme in the Taita Community and around the Hutt Valley area. We thank Alissa Murdoch, the Deputy Principal from Avalon Intermediate, who helped us promote the programme during an assembly. This resulted in a group of young tāne attending, who we met through the Walter Nash Centre, as well as a few young wāhine.

2022 Journeys have been in partnership with Hutt City Council and the Ricoh Centre Sportsville. The kaupapa of Journeys this year has been providing a space where rangatahi connect, grow in confidence, but also identify new passions through the various opportunities we provide. We have been hanging out at the Ricoh Centre by sharing kai, playing some card games, sport activities like touch rugby, rugby, and turbo touch mainly, and other active games the rangatahi want to do.

This year's Journeys has been a big learning space for the interns Daniel Kumar and Te Atahari Amohau while studying for Praxis, and for Nikita Seiuli as coordinator with the help and support of Jahzalia Hollis. We have been lucky to create new relationships with not only our rangatahi, but also the Taita community.

## Te Pou Honokū Taiāoa and Wai Ora

Find out more about these courses on our website...

Tēra koutou, tēna koutou, tēna tātou kaiāoa.

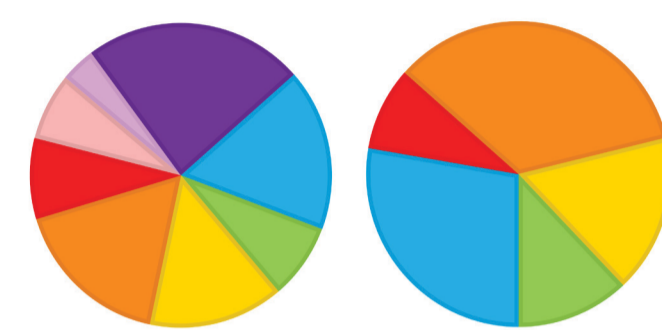
Ross Davis, Director

Let's all continue together to support young people to develop and live meaningful lives.

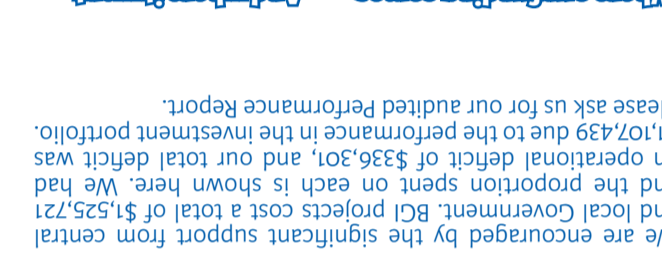
Our youth programmes continue to be meaningful and instrumental for change in young people's lives. One highlight was the World Refugee Day from Christchurch in April. We had a group of young people from our various programmes who were able to share their stories and experiences with the community. We were also able to connect with the wider community through our various programmes and events. We are excited about the future of our programmes and the impact we can make through our youth workers and volunteers.

A big thank you to Donna Redmond for the 10 years of service, she gave to our organisation. We were able to have her on board as a mentor and support for our youth workers. We were also able to have her on board as a mentor and support for our youth workers. We were also able to have her on board as a mentor and support for our youth workers. We were also able to have her on board as a mentor and support for our youth workers.

Where our funding comes from:



And where it went to:



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I feel blessed by the honest and open kōrero we have had as staff this year, and for the way we continue to evolve and grow to ensure we engage and learn how to stay relevant with rangatahi Māori and all young people. We are excited about the future of our programmes and the impact we can make through our youth workers and volunteers.

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# The 130th Wellington Boys' and Girls' Institute Inc. Annual Report 2021/22

The Wellington Boys' and Girls' Institute (BGI) is a youth development organisation, established in 1883. Way back then, we were known for setting up an essential community bathing facility, where young people and their families could wash. Since, we've evolved alongside the needs of Wellington's youth – running programmes and projects which support, inspire, and challenge our rangatahi (young people) to wholeheartedly embrace who they are. Arohanui ki ngā rangatahi – great love for all young people – is the name of our poutokomanawa. It's the post which literally holds up the heart of BGI's Troup House and the ethos that drives the work we do. Our approach to youth development is grounded in the Māori health model, Te Whare Tapa Whā, which highlights the importance of balancing physical, mental, social, and spiritual health. To us, youth development is about letting rangatahi lead. It's about having fun! And it's about facilitating meaningful, lasting connections between young people and their communities. Fundamentally, we're dedicated to growing the changemakers who'll not only shape the future of Te Whanganui-a-Tara (Wellington), but also Aotearoa (New Zealand). That means working to be the best collaborators, kaitiaki (guardians/protectors), mentors, and tangata tiriti (treaty partners) we can be. As our founders and the generations who've followed have demonstrated, we're here for the long run.